

# Vermont Department of Health Local Report

## Lyndon, 2018

At the Vermont Department of Health our twelve Local Health District Offices around the state provide health services and promote wellness for all Vermonters.

Your local office located in St. Johnsbury and available to help individuals and families at worksites, schools, town meetings, or by appointment, we work hard to provide you with knowledgeable and accessible care, resources, and services. We also partner with local organizations and health care providers to ensure we're equipped to respond to the community's needs. In 2018, we worked in partnership with communities to:

- Increase capacity statewide to prevent underage and binge drinking and reduce prescription drug misuse and marijuana with [Regional Prevention Partnerships \(RPP\)](#).
- Prevent and control the spread of [infectious disease](#). In 2018 we spent \$13,729,406 on vaccines provided at no cost to healthcare providers around the state to make sure children and adults are protected against vaccine-preventable diseases. We also responded to 244 cases of infectious disease.
- [Promote wellness](#) by focusing on walking and biking safety, reducing tobacco exposure, and increasing access to healthy foods through the implementation of local projects and municipal strategies.
- Support [healthy families](#) by helping kids stay connected with providers and dentists following transfer into foster care.
- Serve families and children with the Women, Infants, and Children ([WIC](#)) Nutrition Education and Food Supplementation Program. In 2018, we served over 11,000 families.
- Provide trainings on [Help Me Grow](#) to Healthcare and Early Childhood Education Providers to support improved access to resources and services for parents and families with young children.
- Share new data and reports including the [Vermont Lead in School Drinking Water Testing Pilot Report](#) which is helping Vermonters understand and address the risk of lead in school drinking water, and the [Injury and Violence in Vermont](#) report, which is shedding light on the risk of suicide among youths.
- Work with businesses in planning and starting [worksite wellness](#) strategies to improve on-the-job opportunities for health for local residents, including creating Breastfeeding Friendly locations to support growing families.
- Work with local partners, including, schools, hospitals, and emergency personnel, to ensure we are prepared to distribute medicine, supplies, and information during a [public health emergency](#).
- Improve understanding of how to stay healthy at work, home, and in the community through initiatives and resources related to 3-4-50, Help Me Grow, WIC, Building Bright Futures, Be Tick Smart, 802Quits, and the Breastfeeding Friendly Employer project.

Learn more about what we do on the web at [www.healthvermont.gov](http://www.healthvermont.gov)

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