

**Caledonia Home Health & Hospice**  
**Visit Statistics for 2016 Town Appropriations**

Caledonia Home Health Care & Hospice (CHHC) is Northern Counties Health Care's (NCHC) certified Medicare and Medicaid comprehensive Home Care and Hospice division.

Caledonia Home Health Care & Hospice has proudly served the residents of Caledonia and Southern Essex counties since 1968. Our mission is to enhance the quality of life of individuals and families by providing compassionate, accessible and affordable patient-centered health services to our community.

In the last year, Caledonia Home Health and Hospice was honored to provide 14,431 visits to the town residents of Lyndon, VT. Our staff visited 233 homes of community members living in the Lyndon area.

While working with residents, we provided physical, occupational, and speech therapies. We provided skilled nursing, medical social work, personal care attendants, and even home makers. We work together with primary care physicians so that care is specific and structured to treatment goals.

**2016 Town Appropriation Visit Statistics Lyndon, VT**

- Home Care (Therapy, Nursing, MSW) **4,151 visits**
- Maternal Child Health= **423 visits**
- Hospice (Nursing, Therapy, Personal Care, Respite) = **1,386 visits**
- Long Term Care (Case Management, Personal Care, Respite) = **8,471 visits**

**Total Visits in Lyndon, VT = 14,431 visits**

**Testimonials**

*"In the past 11 years of my care giving, home health has been my support at all times. They are the best! I could not have done it without them... I'm glad to have them on my side. They are a great team. We need more like them."*

*"My Physical Therapist and Nurse were methodical, practical, and explained things to me in terms I could understand. They were friendly, courteous, good listeners, and punctual as well as professional."*

*"The staff is very kind and caring. They make you feel good by the way they treat you as a friend and not a patient. They are on time and call 1st to let you us know they are coming. Very knowledgeable in all areas of healthcare. Thank you!"*

*"People from home health care agency were kind, communicative, thoughtful, and patient. Nothing but good thoughts for those people."*

## Catamount Arts 2015

The residents and voters of Lyndon played a very important role in the success of Catamount Arts during 2015. Through support at Town Meeting and by attending many of the films and performances offered throughout the year, the citizens of Lyndon helped to keep the Arts vital and available to all of the residents of the Northeast Kingdom.

In the past year, Catamount has invited and encouraged the residents of Lyndon to participate in many of its community offerings, including the Community Film Series, Independent Lens, the free Children's Summer Film Festival and gallery exhibits and receptions. These free events were funded in large measure through appropriations from communities in our area. Catamount has also made its space available for use by organizations in Lyndon and other communities and is fulfilling its promise of becoming a cultural and artistic meeting place for all residents of the area.

During 2015, Catamount was able to present more than 100 films and 30 live performances, in large measure due to the generosity of the voters of Lyndon. Your appropriations helped to underwrite the costs of these presentations as well as helping Catamount pay for such general operating expenses as heating and electricity.

A significant portion of the appropriation provided by the voters of Lyndon also went to provide much needed funding for Catamount School Time Performances, which benefits more than 4000 schoolchildren in grades pre-k through eight.

Catamount is also very proud of the fact that a sizable portion of its almost 1000 members are residents of Lyndon. These members form the core of Catamount's patrons and serve as cultural and artistic ambassadors to their own community.

With the continuing growth of its many cultural offerings and Arts Education program, Catamount and its patrons also directly and indirectly contribute more than \$1,500,000 each year to the local economy while also securing a meeting space for local Masons for generations to come. However, in these tough economic times, Catamount greatly needs and appreciates the financial support of all residents, including the residents of Lyndon. For this reason, Catamount respectfully requests your continued support and appropriation for the coming year.



December 11, 2015

Dawn Dwyer, Town Clerk  
Town of Lyndon  
PO Box 167  
Lyndonville VT 05851

Dear Ms. Dwyer:

The Fairbanks Museum and Planetarium respectfully requests that the following special appropriation article appear on the 2016 warning for Lyndon Town Meeting:

**"Shall the Town vote the sum of \$5,981 to support the operation of the Fairbanks Museum and Planetarium during the ensuing year, in exchange for free unlimited general admission to the Museum for all Lyndon residents?"**

The Fairbanks Museum invites Lyndon residents to take full advantage of their unlimited free general admission to the Museum to explore the nature, beauty, and wonders of our world. Your municipal appropriation provides essential support for the care of the Museum's historic building and the maintenance and exhibition of the most extraordinary educational collections in northern New England. These are among our region's most prized assets. Each year the Museum offers new opportunities for exploration and discovery, so do come for a visit. In 2016, the Museum will be bringing to St. Johnsbury a traveling exhibit called "X-Ray Vision: Fish Inside Out" from the Smithsonian Institution. As you know, the Museum also is fully engaged in community economic, educational, and cultural development initiatives and contributes significantly to the attraction of visitors to our region.

The Board of Trustees, staff, and volunteers of the Museum are tremendously grateful for the support, encouragement, and collaborative planning that have marked the Northeast Kingdom's relationship with the Museum. We hope that the Museum, in turn, delivers services, programs, and a commitment to community development that benefit Lyndon's residents and visitors of all ages and contribute to Lyndon's remarkable quality of life.

Sincerely yours,

A handwritten signature in black ink, appearing to read "Adam Kane".

Adam Kane, Executive Director



December 24, 2015

Dear Lyndon Voters:

The Lyndon Area Chamber of Commerce is respectfully requesting an appropriation in the sum of \$2,000.00 from the Town of Lyndon for the year 2016 to maintain the operation of the Information Booth on Broad Street in Lyndonville.

Volunteers and the Info Booth coordinator work many hours welcoming hundreds of visitors to the area and helping them do business and enjoy their stay in the Lyndon area. The booth is open 30-35 hours a week from Memorial Day to Columbus Day.

A representative from the Lyndon Area Chamber of Commerce will be available at the 2015 Annual Town Meeting.

Thank you very much for your continued support of the Information Booth which benefits our entire community.

Sincerely yours,

*Dan Haycook*

Dan Haycook, President  
Lyndon Area Chamber of Commerce  
PO Box 886  
Lyndonville, VT 05851  
802-626-9696

**LYNDON AREA MEAL SITE**

**At the Darling Inn**

76 Depot Street

Lyndonville, VT 05851

Tel.: 802-626-8700

[darlingsmeals@myfairpoint.net](mailto:darlingsmeals@myfairpoint.net)

2015 report to the Town of Lyndon:

The Lyndon Area Meal Site is a non-profit organization governed by a board of twelve members. The mission of the Site is to provide hot nutritionally balanced meals to eligible seniors, persons with disabilities and residents in need at a dramatically subsidized, affordable cost to them. We also serve the general public noontime meals reasonably priced. The dining room at the Darling Inn offers patrons a congenial area for socialization, entertainment (with several local individuals volunteering their musical talents), and special events. It is staffed by two part-time employees who serve Monday through Friday noontime meals.

Anyone is welcome, regardless of age or need. The meal site serves between 300-400 meals a month in the dining room. A larger part of the service that Lyndon Area Meal Site provides is the Meals-On-Wheels program. Close to 2000 hot, nutritious meals are delivered monthly to homebound community members. Many volunteers contribute to keep the programs and services going but we continue to rely heavily on donations, fundraising and appropriations.

Some of our funding comes from AAA (50%), meal reimbursements (18%) and VCIL (less than 5%). Diners contribute what they can afford but to balance our budget we need support through our annual appeal letters, coin drop and local friends and citizens. Town appropriations provide crucial funds necessary to allow us to continue our mission. We are finding it more difficult every year to balance our budget as we try to absorb the ever rising cost of food and supplies.

So, in appreciation for the services of our senior citizens and all other clients who rely on this meal service, the Lyndon Area Meal Site and Meals-On-Wheels respectfully requests an appropriation of \$4000 from the Town of Lyndon for FY 2016. Thank you in advance for your continued consideration.

Respectfully,

Pamela Kvam, Board President

December 30, 2015



Dear Voters of Lyndon and Friends of the Lyndon Outing Club,

The Board of Directors of the Lyndon Outing Club (LOC) wish to thank you for your generous and continued support. We have worked hard over the past year to make some required improvements to the lodge and equipment.

- ✿ **Tee Bar** – We were required to reline the bull wheel, top and bottom, this year in order to pass inspection. Our board members worked diligently to find the needed materials to make sure the reline was done right. We believe this reline will last another 50 years.
- ✿ **Partnership with Lyndon State College** – Our partnership with Lyndon State College (LSC) continues to expand. LSC students continue to partner with us for community service days, trail maintenance, lift operation, hosting classes, and more. LSC students have been pivotal in staffing events and helping to create new events every year.
- ✿ **Lodge** – This year, our aging electrical systems finally gave out and needed replacement. Money that had been saved for renovations was diverted and our electrical systems received a full upgrade thanks to the efforts of former director, Roland Clifford. We also have been working to bring the basement up to a more useable standard and hope to renovate the bathrooms this spring to make them more modern and fully accessible. We continue to receive requests for rentals for family get togethers, wedding receptions, class reunions, trainings, and office gatherings.
- ✿ **Snowflake Festival** – We continue to offer free or low-cost events during the annual Snowflake Festival. Our family night hosted more than 100 families in February 2015! It was great to see lines at the lift and have young and old alike skiing, cooking hot dogs over the fire, and enjoying music in the lodge. We plan to add even more events in 2016 as our board grows and we open up some summer and fall events.
- ✿ **Four Seasons** – The LOC has seen tremendous increase in the off season use of the hill. Three local fitness programs are using the hill on a weekly basis from spring through fall; hikers use the hill daily; the skate park sees ongoing use from local and out of towners; and we have partnered for several special events including a spring hill climb, obstacle course race, pre-season rail Jam and music festival.
- ✿ **Sledding** – Based on our community survey, we are now offering sledding to schools at a reduced price during the school days so that schools who cannot afford ever-increasing ski rates can add a more affordable outdoor option to their winter sports programs. This was piloted with one school in 2015 and will be offered to up to five schools in 2016, first-come, first-served.

In 2016, we will celebrate our 80<sup>th</sup> anniversary. Although winter has changed, and we have had to change with it, our volunteer board members are committed to providing quality, affordable outdoor recreation opportunities for our community. We welcome your suggestions, your participation and your support. With warm regards on behalf of the LOC Board of Directors,

Susan M. Teske  
LOC Board President

**2015-2016 Board of Directors**

Joe Peters	Bob Poulin	Siobhan Shufelt	Daniel McCabe	Jeff Helms	Sean Doll
RJ Tomasko	Annie Guyer	Dick Tomasko	Tom Frackleton	Paul Cranmer	Dave True
Taylor Reed	Carrie Tomczyk	Pete Tomczyk	Richard McCarthy		

*Lyndon Youth Baseball & Softball  
PO Box 1146  
Lyndonville, VT 05851*

December 9, 2015

Town of Lyndon  
PO Box 167  
Lyndonville, VT 05851

Dear Select Board,

Lyndon Youth Baseball & Softball (LYBS) is run by an all-volunteer Board of Directors. This program entertains over 450 area youth from ages five to nineteen, during the late spring and early summer months. In the 2015 season, we were able to maintain nine different leagues, 43 teams and played over 200 scheduled games plus play-offs and all-star games.

In addition to our regular season play, our league hosts several district and state tournaments each year and on three occasions have hosted the New England Regional tournaments at the Babe Ruth level. In 2015, we hosted the 11/12 Baseball & Softball District Tournaments, and the Lyndon 11/12 All Star softball team won their District, and State tournaments to advanced to the Regional Tournament in Bristol CT to represent the state of Vermont.

We have been supporting youth baseball and softball for over 50 years and we give thanks to the many dedicated parents, families and friends who are actively involved in our program. Without each and every volunteer, we wouldn't have such a great program. Dedication is needed to develop our children into strong, respectable citizens and to instill in them the values of team play and good sportsmanship. With your help we can continue to do this.

To continue the success of this program, we would like to request an appropriation of \$1000.00. In the past, your community has been very generous and LYBS is very grateful and would like to ask for your continued support. I have attached a copy of our expenses and income for this past season. Thank you.

Respectfully submitted,



Janine Mitchell  
Treasurer, LYBS

NORTHEAST KINGDOM  
Council on Aging



*New directions for living well.*

The Northeast Kingdom Council on Aging, formerly doing business as the Area Agency on Aging for Northeastern Vermont, is a private, non-profit, organization serving the residents of Caledonia, Essex and Orleans counties. We support people age 60 and older in their efforts to remain active, healthy, financially secure and in control of their own lives. The Council connects older adults and their families with the services they need to live with independence and dignity.

Our staff works closely with seniors and their families offering assistance with Medicare, Social Security, Medicaid, public assistance programs, in-home services and many other types of help. There is no charge for services provided by the Council, but many of those we assist donate to help support our work.

During the past year your support allowed us to provide assistance to 252 residents of Lyndon, as well as more than 6,000 seniors from across the Northeast Kingdom, and to implement a broad variety of important programs for older adults and their families. These programs include Meals-on-Wheels, supportive services to help seniors continue to live at home, health insurance counseling, transportation for medical and other appointments, legal services and help for family caregivers.

Thank you for your support over the years and for your help in letting people know about the services we provide. Please give your careful consideration to our request this year, and let us know if we can be of assistance to you or someone you know.

Sincerely,

Lisa Viles  
Executive Director



181 Crawford Road - Derby  
PO Box 724 Newport VT 05855  
Phone 802-334-6744 Fax 802-334-7455  
Toll free 800-696-4979

2225 Portland Street  
PO Box 368 St. Johnsbury VT 05819  
Phone 802-748-3181 Fax 802-748-0704  
Toll free 800-649-0118

[www.nkhs.org](http://www.nkhs.org)



NORTHEAST  
KINGDOM  
**HUMAN**  
SERVICES

Serving the NEK  
since 1960

## **Northeast Kingdom Human Services, Inc. Annual Summary for July 1, 2014 – June 30, 2015**

Northeast Kingdom Human Services, Inc. (NKHS) strives to meet the needs of at risk and vulnerable individuals of all ages living in the Northeast Kingdom. We are a 501(c)(3) private not-for-profit organization with oversight by the volunteer Board of Directors and Program Standing Committee members who support the agency's belief that human services should be cost effective and responsive to the needs of our local communities.

### **FY15 Summary:**

- 374 residents from the **Town of Lyndon** received services
- 3823 total individuals were provided services across the Northeast Kingdom in the community, office, homes, schools, and through emergency services
- These services could not be provided without our dedicated staff of 485+, 83 from the Town of Lyndon

Fees charged are based on the person's ability to pay. No one is refused services for lack of ability to pay. NKHS is asking for your town's contribution by appropriating **\$6280.00** towards our 24 hour, 7 days a week emergency/crisis services we provide in the Northeast Kingdom.

The mission of NKHS is to enrich communities and enhance the ability of individuals and families to improve their lives.

Please visit our website at [www.nkhs.org](http://www.nkhs.org) for more information about our agency and services. We greatly appreciate your interest, your help in letting people know about the services we provide, and your financial support.

D. W. Bouchard  
Executive Director

Nancy Warner  
President, Board of Directors

*NEKYS has been offering vital supportive services for youth and families since 1975  
In 2014 NEKYS served 3088 individuals throughout Caledonia and Essex Counties*

**NEKYS Family Programs Provide:**

- Staff is available 24 hours/7days a week to support families through periods of crisis and conflict.
- Supportive counseling for youth and families, case management, support for youth and families within their schools, and family mediation.
- Outdoor adventure opportunities that include kayaking, canoeing, hiking, swimming, and mountain climbing. The group works on learning coping skills and self-care strategies.
- Adult mentors once a week in the school for at-risk students in the 1<sup>st</sup>-8<sup>th</sup> grade. Adult mentors establish supportive relationships that result in improved academic performance and positive life choices.
- Summer Central Calendar and scholarship program so parents know of recreational opportunities for their children and offers scholarships for children to attend summer activities they otherwise could not afford.

**NEKYS Youth Program Include:**

- Staff is available 24 hours/7days a week to support families through periods of crisis and conflict.
- Support to local young people ages 15-22 that are homeless or at risk of homelessness; have current or past involvement with foster care; are pregnant and/or parenting; experiencing mental health issues; struggling with substance abuse; have current or past involvement with the criminal justice system.
- Programs that utilize a positive youth development, trauma-informed approach that is tailored to meet the needs of young people. Encouragement for each young person is to identify their strengths and achieve goals related to housing, education, employment, and life skills.
- Access to short-term and long-term housing support that addresses the complex needs of young adults who are 18-22 years old. Young adults receive support which include in-home case management, rental assistance, landlord mediation, job skill development, and educational advancement support.
- Opportunities for young people ages 15-25 to connect with supportive adults in a safe substance-free environment Monday through Friday from 12-5 pm.
- Connections with positive peers, educational groups that focus on healthy life choices, and opportunity for young people to “give back” through community service.

**NEKYS Restorative Justice Programs Include:**

- A voluntary and confidential alternative to court proceedings for individuals ages 10 through adult.
- Programs based on restorative justice practices that give the person who violates the law the opportunity to identify and repair the harm done to the victim, the community, and themselves.
- Opportunity for the individual who completes the requirements of the program to have his or her case closed in the legal system.
- Help for individuals to regain their driver’s license while they pay off their fines and fees.
- Support for 16 to 21 year old youth who are referred to the program after receiving a notice to report from a police officer for possession and/or consumption of alcohol or marijuana.
- Assistance for youth ages 10 through 22 who have been adjudicated in Family Court, are on probation and require additional support by the Department for Children and Families.
- Pretrial Services – a new program involving risk assessment and needs screening.

Northeast Kingdom Youth Services is a private, non-profit agency governed by a community-based, volunteer Board of Directors. We rely on grants, contracts, and appropriations from the towns we serve to continue our mission. Thank you for supporting families in our community. Please call our office at 748-8732 if you have any questions or concerns.

# Rural Community Transportation, Inc.

1677 Industrial Parkway  
Lyndonville, VT 05851  
Phone: 802-748-8170, Fax 751-8349

Re: Town Appropriation

Ladies and Gentlemen:

RCT is a nonprofit corporation providing transportation to the elderly and disabled, Medicaid and general public through a van, bus or volunteer driver service. Last Year between all of our programs, RCT provided over 206,987 rides.

RCT transports people to, adult-day service facilities, senior meal sites and necessary medical treatments such as, dialysis, radiation therapy, chemotherapy, physical therapy, special medical needs and other appointments. In Lyndon/Lyndonville RCT also provides regular bus service Monday through Friday five times per day between Lyndonville and St. Johnsbury. Twice per day connections on the bus can be made to get to Montpelier or Burlington.

RCT has been providing service in your community for over twenty years and must reach out again for community support in order to maintain the quality of service that is needed for the members of our community.

Last fiscal year RCT provided 162 Lyndon/Lyndonville residents with 10,822 trips travelling 153,707 miles. These trips do not include riders on the Jay Lyn Shuttle or Express .

We hope you will be able to assist us with this request and we look forward to continuing our service that is needed by the members in your community.

Thank you for your time and consideration.

Respectfully,

*Mary Grant*

Mary Grant  
Executive Director



Report of 2015 Activity for Lyndon  
Town Appropriation Request: \$ 7500

Umbrella exists to ensure that communities in Caledonia, Orleans and Essex counties offer safety, support and options for self-determination to women and families. To this end, we provide the following services:

The Advocacy Program is the essential safety net for people affected by intimate partner violence and sexual abuse. We meet the needs of victims in crisis while also offering preventative programming to local schools and youth groups with a focus on gender respect, consent, and healthy relationships. In 2015 we:

- supported at least 496 individuals with direct advocacy
- housed 17 adults and 13 children in our shelter for a total of 1578 bed-nights

Kingdom Child Care Connection is the community-based child care resource and referral center for Caledonia and Southern Essex counties. We are responsible for helping families find and pay for high-quality child care services while also increasing the availability and quality of child development services through professional development opportunities and targeted programmatic supports. In 2015 we:

- helped 79 families find high-quality child care at no-cost
- connected 538 families with the Child Care Financial Assistance Program
- supported the creation of 5 new child care programs in our region's most underserved areas
- offered 235 hours of professional development to 88+ child care providers to ensure the people responsible for taking care of our youngest citizens have the tools and resources they need to do their best.

The Family Room is a supervised visitation and monitored exchange center offering child-centered support for parents seeking to establish or rebuild relationships with their children. Last year we offered 1051 hours of visitation to help 105 children develop safe, healthy relationships with their non-residential parent. Additional services such as therapeutic visitation, parenting education, and mediation can also be arranged in order to help families address their unique goals and needs.

Cornucopia is our newest program geared towards helping women-in-transition achieve economic self-sufficiency. This 17-week job-skills training program introduces women to the culinary arts as they prepare Meals-on-Wheels for Newport-area seniors. After completing the program women are assisted with securing employment with a local business, in a position that fits their individual strengths and interests. To date, Cornucopia has provided over 34,000 nutritionally-balanced meals to Newport-area seniors and empowered 12 women through hands-on culinary and hospitality training.

Given that some of our services are provided anonymously, it can be difficult to provide precise usage figures for towns. At least 186 of Lyndon households and 17 child care providers were served directly by Umbrella in 2015, and the community as a whole benefited from prevention and outreach programs at schools, as well as training and consultation for human service and law enforcement professionals. Community support is critical to sustaining our programming and discovering innovative new approaches to the work we do. We are deeply grateful for Lyndon's support.

Respectfully submitted,

A handwritten signature in black ink, appearing to read "R. A. Swain".

Renee A.K. Swain  
Executive Director

Village Improvement Society

P.O.Box 715, Lyndonville, VT 05851 (802) 626-1107 powersparkplayground@hotmail.com

Lyndon Select Board  
P.O. Box 167  
Lyndonville, VT 05851

Dear Select Board and Village Trustees:

Powers Park/VIS respectfully requests placement on the appropriations list for Town Meeting on March 1<sup>st</sup>, 2016. We are again requesting the sum of \$7,500.

2015 was a huge year for us! Our Centennial Celebrations went on throughout the summer and were a lot of fun! Thank you to all our community members who celebrated with us! Thank you also to the many local businesses and citizens whose generous donations helped us reach our fundraising goal of \$25,000 to secure a Land and Water Conservation Fund Grant that will enable us to make several long-overdue repairs to the pool. Prior to opening the pool in 2016, renovations will be done including resurfacing the pool, updating of the bathrooms and adding an ADA-compliant pool lift. We are so excited to invite everyone to our June 2016 Grand Opening!

Last summer we continued our high-quality Red Cross Swim Instruction and USTA Tennis instruction, serving 400 children a day-over half of them from Lyndonville! Our WSI certified pool manager ran a great program-continuing our 6 week Baby/Adult swim class on Saturdays and adding an Adult Lap Swim on Mondays and Wednesdays. We continued providing organized sports every afternoon. Our 2 Upward Bound volunteers helped with that and also running the snack bar. Tom Powers returned to help teach tennis with our assistants. Our Arts and Crafts program continued to create fun projects with the help of a generous Burklyn Arts grant. The Vermont Agency of Education and Hunger Free Vermont lunch site provided lunch to over 180 children a day-this year adding two hot lunches a week! The Bookmobile came 2 times a week. We had three pool party fundraisers, one just for local teens, built an award-winning Stars and Stripes float and won lots of ribbons at 3 swim meets, one of which we hosted with the help of many experienced volunteers and former employees! 12 local daycares/businesses sponsored bistro umbrellas for our picnic tables providing much needed shade to our friends and families watching lessons from the pool deck. Stay and Play daycare bought us signs to help the daycares and families load and unload children safely. Without the support of our local businesses and friends, we would not be able to provide the services to the community that we have for the past 100 years.

With some of the funds from 2015 appropriations, we purchased new instructional tools for the swim classes and swim team and continued to make improvements to the buildings and park-including new electrical wiring for several rooms and updated plumbing. With our \$3000 USTA Renovation Grant we finished the total resurfacing of our two tennis courts, and they look absolutely brand new! Also this year, for the first time ever, our staff and instructors were all able to make minimum wage.

On behalf of the Directors at Powers Park, we again would like to thank all of you for making Powers Park continue to function and succeed.

Sincerely,

Adrienne D'Olimpio  
V. I. S. President

Chris Thompson  
Vice-President

Dawn McPhee  
Treasurer

Jennifer Mitchell  
Secretary