



Area Agency on Aging for Northeastern Vermont



481 Summer St. Suite 101
St. Johnsbury, Vermont 05819

Advocacy. Action. Answers on Aging.

The Area Agency on Aging is a private, non-profit, organization serving the residents of Caledonia, Essex and Orleans counties. We support people age 60 and older in their efforts to remain active, healthy, financially secure and in control of their own lives. The Agency connects older adults and their families with the services they need to live with independence and dignity.

Our staff works closely with seniors and their families offering assistance with Medicare, Social Security, Medicaid, public assistance programs, in-home services and many other types of help. There is no charge for services provided by the Agency, but many of those we assist donate to help support our work.

During the past year your support allowed us to provide assistance to 217 residents of Lyndon as well as more than a thousand seniors from across the Northeast Kingdom and supported a broad variety of important programs for older adults and their families. These programs include Meals-on-Wheels, supportive services to help seniors continue to live at home, health insurance counseling, transportation for medical and other appointments, legal services and help for family caregivers.

Thank you for your support over the years and for your help in letting people know about the services we provide. Please give your careful consideration to our request this year, and let us know if we can be of assistance to you or someone you know.

Sincerely,

Lisa Viles
Executive Director

A program of the North East Kingdom Council on Aging, Inc.
Tel: 748-5182 Fax: 748-6622 Email: info@nevaaa.org



Green Mountain
United Way

Catamount Arts 2013

The residents and voters of Lyndonville played a very important role in the success of Catamount Arts during 2013. Through support at Town Meeting and by attending many of the films and performances offered throughout the year, the citizens of Lyndonville helped to keep the Arts vital and available to all of the residents of the Northeast Kingdom.

In the past year, Catamount has invited and encouraged the residents of Lyndonville to participate in many of its community offerings, including the Community Film Series, Independent Lens, the Children's Summer Film Festival and gallery exhibits and receptions. These free events were funded in large measure through appropriations from communities in our area. Catamount has also made its space available for use by organizations in Lyndonville and other communities and is fulfilling its promise of becoming a cultural and artistic meeting place for all residents of the area.

During 2013, Catamount was able to present more than 100 films and 30 live performances, in large measure due to the generosity of the voters of Lyndonville. Your appropriations helped to underwrite the costs of these presentations as well as helping Catamount pay for such general operating expenses as heating and electricity.

A significant portion of the appropriation provided by the voters of Lyndonville also want to provide much needed funding for Catamount School Time Performances, which benefits more than 4000 schoolchildren in grades pre-k through eight, and for the upkeep of the Art Gallery, which each year presents a regular series of exhibits by artists from Lyndonville and the surrounding area.

Catamount is also very proud of the fact that a sizable portion of its almost 1000 members are residents of Lyndonville. These members form the core of Catamount's patrons and serve as cultural and artistic ambassadors to their own community.

With the continuing growth of its Community Arts Center, Catamount and its patrons also directly and indirectly contribute more than \$1,300,000 each year to the local economy while also securing a meeting space for local Masons for generations to come. However, in these tough economic times, Catamount greatly needs and appreciates the financial support of all residents, including the residents of Lyndonville. For this reason, Catamount respectfully requests your continued support and appropriation for the coming year.

LYNDON AREA MEAL SITE

At the Darling Inn

76 Depot Street

Lyndonville, VT 05851

Tel.: 802-626-8700

darlingsmeals@myfairpoint.net

2013 report to the Town of Lyndon:

The Lyndon Area Meal Site is a non-profit organization governed by a board of twelve members. The mission of the Site is to provide hot nutritionally balanced meals to eligible seniors, persons with disabilities and residents in need at a dramatically subsidized, affordable cost to them. We also serve the general public noontime meals reasonably priced. The dining room at the Darling Inn offers patrons a congenial area for socialization, entertainment (with several local individuals volunteering their musical talents), and special events (like sponsored bus trip to the Fryeburg fair). It is staffed by four part-time employees who serve Monday through Friday noontime meals.

Anyone is welcome, regardless of age or need. The meal site serves from 550 to 750 meals a month in the dining room. A larger part of the service that Lyndon Area Meal Site provides is the Meals-On-Wheels program. From 1600 to 2000 hot, nutritious meals are delivered monthly to homebound community members. This program is growing this year as Area Agency on Aging has asked our site to expand our coverage territory – which we have agreed to willingly. Many volunteers contribute to keep the programs and services going but we continue to rely heavily on donations, fundraising and appropriations.

Some of our funding comes from AAA (60%), per meal reimbursements (20%) and VCIL (less than 1%). Diners contribute what they can afford but to balance our budget we need support through our annual appeal letters, coin drop and local friends and citizens. Town appropriations provide crucial funds necessary to balance the budget.

So, in appreciation for the services of our senior citizens who rely on this meal service, the Lyndon Area Meal Site and Meals-On-Wheels respectfully requests an appropriation of \$4000 from the Town on Lyndon for FY 2014. Thank you in advance for your continued consideration.

Respectfully,

Lorraine C. Matteis, board chair



December 16, 2013

Dawn Dwyer, Town Clerk
Town of Lyndon
PO Box 167
Lyndonville VT 05851

Dear Ms. Dwyer:

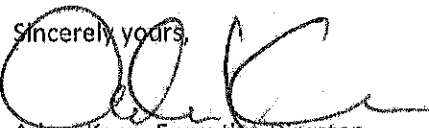
The Fairbanks Museum and Planetarium respectfully requests that the following special appropriation article appear on the 2014 warning for Lyndon Town Meeting:

"Shall the Town vote the sum of \$5,981 to support the operation of the Fairbanks Museum and Planetarium during the ensuing year, in exchange for free unlimited general admission to the Museum for all Lyndon residents?"

We will forward the necessary petition signatures, as required, to your office by January 18.

The Fairbanks Museum invites Lyndon residents to take full advantage of their unlimited free general admission to the Museum to explore the nature, beauty, and wonders of our world. Your municipal appropriation provides essential support for the care of the Museum's historic building and the maintenance and exhibition of the most extraordinary educational collections in northern New England. These are among our region's most prized assets. Each year the Museum offers new opportunities for exploration and discovery, so do come for a visit! As you know, the Museum also is fully engaged in community economic, educational, and cultural development initiatives and contributes significantly to the attraction of visitors to our region.

The Board of Trustees, staff, and volunteers of the Museum are tremendously grateful for the support, encouragement, and collaborative planning that have marked the Northeast Kingdom's relationship with the Museum. We hope that the Museum, in turn, delivers services, programs, and a commitment to community development that benefit Lyndon's residents and visitors of all ages and contribute to Lyndon's remarkable quality of life. I have enclosed our most recent annual report. Complete financial information is also always available upon request.

Sincerely yours,

Adam Kane, Executive Director

encl.

Lyndon Area Senior Action Center

On behalf of the Lyndon Area Senior Action Center, I would like to request our annual appropriation of \$1500 for the year 2014.

We want to thank the registered voters of Lyndon and Towns of Lyndonville for the contribution that you have given us in the past to keep the center open.

We hope people understand the Senior Center is open to be used by anyone, and to call the following phone number to reserve the Center, 626-9080. We welcome new people to our Senior Center to play cards and have a big meal on Thursday then play cards after the meal.

The center is open Tuesday from 12:30 to 3:30, Thursday the meal and cards from 12:30 to 3:30, Thursday night we have cribbage starting at 5:30 with a cost of \$3.00.

Ned Burchard
We would like to thank you, again, for your contribution to help keep us open.

Sincerely,

Mary Rexford, Director and Manager

A Non-profit Organization

December 29, 2013



Dear Voters of Lyndon and Friends of the Lyndon Outing Club,

The Board of Directors of the Lyndon Outing Club (LOC) thank you for your continued support. Here are some highlights of what has been happening over the past year:

- ✱ **Board Members** – We are operating with a full board, including a new Secretary.
- ✱ **Don Beattie Building** – The new maintenance building is complete, including siding. We are now able to house the groomer, safety equipment, and tools in a secure building.
- ✱ **Partnership with Lyndon State College** – Our partnership with Lyndon State College (LSC) continues has expanded. Two more classes are now using the LOC as an indoor/outdoor classroom – the Lift Operation and Outdoor Emergency Care classes. The LOC will gain some certified OEC students as volunteer ski patrollers as a result. Additionally, the lift operation students are learning how to care for and maintain the lifts.
- ✱ **Lodge** – The lodge needs to be upgraded. Over the next year, we will be raising funds to renovate the bathrooms and parts of the kitchen. We also need to make upgrades to the basement to accommodate requirements for the Boys and Girls Club.
- ✱ **Boys and Girls Club** – The newly forming Boys and Girls Club of the NEK has chosen the LOC to begin their operation. With a projected opening of summer 2014, the steering committee is hard at work raising funds to get started. We are looking forward to a partnership that will bring young people back to the hill and make maximum use of the lodge.
- ✱ **Rock the Hills** – We continue partnership with Event Pro Entertainment to offer two snowmobile hill climbs. This year, we plan to add activities for spectators.
- ✱ **Fit Park** – We have completed one fit park structure and maintain a mowed hiking path that is well used in the summer.
- ✱ **Budget** – The LSC lost a major fund raiser this year – the Coin Drop – but we were able to make up for some of the loss by increasing the participation in our annual Holiday Bazaar. Despite financial challenges, we continue to operate in the black. We are now facing a large drainage project that is required to prevent water from collecting in and deteriorating our outbuildings. We will be seeking a loan for this project and will continue to raise funds to pay the loan back promptly. Community support of this project is welcomed.

Last spring, we celebrated our 75th season anniversary. The LOC looks forward to providing our community with many more years of quality outdoor recreation. We welcome your suggestions, your participation and your support. With warm regards on behalf of the LOC Board of Directors,

Susan M. Teske
LOC Board President

2013 - 2014 Board of Directors

Joe Peters, Vice President
Daniel McCabe, Treasurer
Dick Tomasko, Maintenance
Bob Poulin, Maintenance/Rentals
Sean Doll, Lyndon State College Liaison

Paige Edmunds, Secretary
Paula Ward, Fund Raising
RJ Tomasko, Maintenance
Jeff Helms, Ski Patrol Director
Dave True, Boy Scout Liaison
Annie Guyer, Chamber liaison
Debra Griffith, Kitchen Manager

*Lyndonville Youth Baseball/Softball
PO Box 1146
Lyndonville, VT 05851-1146*

December 19, 2013

Town of Lyndon
PO Box 167
Lyndonville, VT 05851

Dear Select board:

Soon baseball and softball season will be upon us again. Lyndonville Youth Baseball/Softball (LYBS) is run by an all-volunteer Board of Directors. This program entertains over 500 area youth, from ages five to nineteen, during the late spring and early summer months. In the 2013 season, we were able to maintain nine different leagues, 42 teams and played over 200 scheduled games plus play-offs and all-star games.

In addition to our regular season play, our league hosts several district and state tournaments each year and on three occasions have hosted the New England Regional tournaments at the Babe Ruth level. In 2013, we hosted the 9/10 & 11/12 Softball District Tournaments, the 12 & Under Baseball District Tournament, and the 11/12 Softball State Tournament. We have been supporting youth baseball and softball for over 50 years.

We give thanks to the many dedicated parents, families and friends who are actively involved in our program. Without each and every volunteer, we wouldn't have such a great program. As our teams travel throughout the state and New England, we continue to hear positive comments regarding our program. Dedication is needed to develop our children into strong, respectable citizens and to instill in them the values of team play and good sportsmanship. With your help, we can continue to do this.

To continue the success of this program, we would like to request an appropriation of \$1,000.00. In the past, your community has been very generous and LYBS is very grateful and would like to ask for your continued support. I have attached a copy of our expenses and income for this past season. Thank you for your consideration.

Respectfully submitted,



Amy McClure
Fundraising



ARTICLE REQUESTED FOR 2014 TOWN MEETING

To see if the town/city of Town of Lyndon will vote to appropriate the sum of **\$6280** to **Northeast Kingdom Human Services, Inc.** to assist in maintaining services in mental health, developmental services, family counseling, services to children and the elderly, substance abuse treatment, Psychiatric care, and 24-hour emergency services.

Northeast Kingdom Human Services, Inc. 2013 Annual Report Summary

Northeast Kingdom Human Services, Inc. is a private not-for-profit organization serving Caledonia, Essex, and Orleans Counties. It is organized and directed by local citizens who believe that human services should be cost effective and responsive to the needs of our local communities. **The mission of NKHS is to enrich communities and enhance the ability of individuals and families to improve their lives.**

NKHS serves residents who are challenged by conditions that affect the mind, body, and spirit. Services are provided to individuals with severe and persistent mental illness, individuals with alcohol and drug problems, children with severe emotional disturbances and their families, individuals with developmental disabilities such as mental retardation and autism, and a 24-hour crisis intervention program for anyone in need. Fees are charged based on the person's ability to pay. No one is refused services for lack of ability to pay.

We have offices in Derby, Hardwick, and St. Johnsbury and reach out to other communities in the schools, homes, and other locations.

We greatly appreciate your interest, your help in letting people know about the services we provide, and your financial support.

FY 2013 SUMMARY OF SERVICES FOR THE TOWN OF Town of Lyndon

2010 Census Count for your town: 5981 Persons served in your town: 383

Our 2014 request for support is calculated on \$1.05 per person based on the last census.

NKHS employs 76 citizens from your community.

Thank you for your support.

Eric Grims
Executive Director

Andy Barter
President, Board of Directors

Northeast Kingdom Human Services, Inc.
P. O. Box 724, Newport, VT 05855
802-334-6744

Rural Community Transportation, Inc.

1161 Portland Street Saint Johnsbury, Vt. 05819
(802) 748-8170 Fax: (802) 748-5275

Re: Town Appropriation

Ladies and Gentlemen:

RCT is a nonprofit corporation providing transportation to the elderly and disabled, Medicaid and general public through a van, bus or volunteer driver service. Last Year between all of our programs, RCT provided over 207,000 rides.

RCT transports people to, adult-day service facilities, senior meal sites and necessary medical treatments such as, dialysis, radiation therapy, chemotherapy, physical therapy, special medical needs and other appointments. In Lyndon/Lyndonville RCT also provides regular bus service Monday through Friday five times per day between Lyndonville and St. Johnsbury. Twice per day connections on the bus can be made to get to Montpelier or Burlington.

RCT has been providing service in your community for over twenty years and must reach out again for community support in order to maintain the quality of service that is needed for the members of our community.

Last fiscal year RCT provided 179 Lyndon/Lyndonville residents with 14,970 trips travelling 207,726 miles. These trips do not include riders on the Jay Lyn Shuttle or Express .

We hope you will be able to assist us with this request and we look forward to continuing our service that is needed by the members in your community.

Thank you for your time and consideration.

Respectfully,

Mary Grant

Mary Grant
Executive Director



Report of 2013 Activity for Lyndon
Town Appropriation Request: \$4800

Umbrella exists to ensure that communities in Caledonia, Orleans and Essex counties offer safety, support and options for self-determination to women and families. To this end, we provide the following services:

The Advocacy Program is the essential safety net for people affected by intimate partner violence and sexual abuse. We meet the needs of victims in crisis while also offering preventative programming to local schools and youth groups with a focus on gender respect, consent, and healthy relationships. **In 2013 we:**

- supported 892 individuals with direct advocacy
- responded to an average of 163 crisis hotline calls per month
- housed 26 adults and 10 children in our shelter for a total of 1,073 bed-nights, and
- reached 318 adults and 728 youth with our prevention programming.

Kingdom Child Care Connection is the community-based child care resource and referral center for Caledonia and Southern Essex counties. **In 2013 we:**

- helped 80 families find high-quality child care for a total of 107 children at no-cost, and
- connected over 445 families with the State of Vermont's Child Care Financial Assistance Program.

In addition to our work with families, we also interacted directly with the region's 80+ child care providers, offering over 178 hours of professional development opportunities to make sure the people responsible for taking care of our communities' youngest citizens have the tools and resources they need to do their best.

The Family Room is a supervised visitation and monitored exchange center offering child-centered support for parents seeking to establish or rebuild relationships with their children. **Last year we helped 102 children develop safe, healthy relationships with their non-residential parent.** Additional services such as parenting education, counseling and mediation can also be arranged in order to help families address their unique goals and needs.

Cornucopia is our newest program geared towards helping women-in-transition achieve economic self-sufficiency. This 17-week job-skills training program introduces women to the culinary arts as they prepare Meals-on-Wheels for Newport-area seniors. After completing the program women are assisted with securing employment with a local business, in a position that fits their individual strengths and interests. **To date, Cornucopia has provided 2,096 nutritionally-balanced meals to Newport-area seniors and has recently begun operating a senior meal site once a week.**

Given that some of our services are provided anonymously, it can be difficult to provide precise usage figures for towns. At least 139 Lyndon households and 16 child care providers were served directly by Umbrella in 2013, and the community as a whole benefited from prevention and outreach programs at schools as well as training and consultation for human service and law enforcement professionals. Community support is critical to sustaining our programming and discovering innovative new approaches to the work we do. We are deeply grateful for Lyndon's support.

Respectfully submitted,

Michelle Fay
Executive Director

POWERS PARK/VILLAGE IMPROVEMENT SOCIETY

P.O. BOX 715

LYNDONVILLE, VT 05851

December 18, 2013

Lyndon Board of Selectmen
P.O. Box 167
Lyndonville, VT 05851

Dear Board of Selectmen:

Powers Park/Village Improvement Society is requesting placement on the appropriations list for Town Meeting on March 4, 2014. We are again requesting the sum of \$7,500.

Our mission continues to be to provide the children of our area with a fun and active summer program. Last summer was a big transition time for us. With the loss of an experienced pool manager, we hired three employees to cover each of the three parts of the previous job: Swim instruction manager, overall pool/staff manager and pool maintenance manager. (Next summer our pool manager plans to return with his WSI certification and also manage the staff and be in charge of the pool maintenance.) We continued with our successful afternoon sports program, adding a Monday afternoon basketball drills camp, and Friday afternoon sports with two pool employees and two Upward Bound volunteers. We also added a day to our Arts and Crafts program so two days a week our AmeriCorps volunteer and his assistant did projects in the pavilion. The staff from the St Johnsbury School had another record year with the Free Summer Lunch program, often serving over 150 lunches a day. Abbie and the Bookmobile came on Tuesdays and Thursdays during lunch and with our new picnic tables from Richard Berry, it was quite a site to see so many kids eating their lunches and reading their library books. We had three pool party fundraisers, one big raffle, and in October we finished the playground! We are so grateful for our community members' and businesses' generous donations to our fundraisers, the playground looks great! We will install three benches and a few more trees in the spring and have an official ribbon-cutting ceremony with a sign designed and built by the Lyndon Institute welding class.

We had three hundred and eighty-five children enrolled in our swimming and tennis programs this year. Roughly 60% were Lyndon children, 20% Burke, 10% Wheelock /Sheffield, 5% Sutton, 4% St. Johnsbury, as well as participants from Waterford, Danville, Kirby, Peacham, Walden and Concord. In 2012 we had over 280 children enrolled in swimming and tennis at a cost of \$75 per participant, and 130 enrolled in just swimming at a cost of \$60 per participant. In 2013 we experienced almost a complete switch in these numbers with only 130 enrolled in swimming and tennis, at a cost of \$85 per participant and over 250 enrolled in just swimming at a cost of \$60 per participant. There were a variety of reasons that fewer children participated in both programs, some of it daycare transportation issues, but this switch in numbers resulted in a loss of expected revenue of almost \$4,000.00 for our summer program. Combined with an extremely rainy summer which affected our three pool-party fundraisers and afternoon and evening swim participation, the summer of 2013 was not financially friendly to us. Our rates will again be \$85 per participant next year but we will not offer a separate Swimming Only or Tennis Only option; all are welcome to participate in one or both options. This fee still includes the Monday-Friday afternoon and Tuesday/Thursday evening swim pass as well as the Sports and Arts/Crafts. With a program that offers over 40 days of activities, this is still just a cost of \$2/day. A sliding payment scale for families of three or more will continue to be offered.

Using some of our 2013 appropriations' funds, we purchased new instructional tools for the swim classes, outfitted all of our staff in new suits, t-shirts and sweats and updated some of our maintenance equipment. We also updated the wiring for the vacuum pumps, installed new outlets and updated the fuse box. We painted all of the tables, benches, pavilion floor and siding in time to host a June 22nd wedding at the park. Throughout the summer, our staff did a fantastic job teaching and helping swimmers to improve their skills as they moved

POWERS PARK/VILLAGE IMPROVEMENT SOCIETY
P.O. BOX 715
LYNDONVILLE, VT 05851

through the Red Cross swimming levels. We really tried to focus on positive feedback between instructors and participants so that each child could see improvement in their swimming skills. We again invited feedback from parents/guardians/daycare providers using our in-house evaluation which the staff also used to self-reflect and improve their own teaching skills. We continued our Progress Report for each swimmer at the end of the summer with personal feedback from staff and 'things to work on for next summer'. We finally got all of those progress reports mailed out to all the families we didn't see in the last few weeks of the summer! Next summer all of our staff will be Red Cross Water Safety Instructor or Water Safety Instructional Aide certified and our pool will be an authorized and certified Red Cross provider swimming pool.

Thanks to Lyndon Rotary, we were able to paint the basketball court; a dedicated community member who wishes to remain anonymous did all that work! In addition, Rotary also provided funds to purchase a portable basketball hoop and all new basketballs for our Monday afternoon basketball camp. We also purchased portable soccer goals that were used for soccer and some pretty fun water-polo games.

We have two significant maintenance issues to address before we can open for the 2014 summer season: we must repair the pool and update and maintain the tennis courts. Last summer a small hole in the pool surface in the shallow end went from a quarter size to over 3 feet in just a two weeks. The marcite pool surface peeled up and water got underneath the pool's surface causing further problems. Although Fairbanks Mills was able to repair the hole temporarily, we must get this fixed completely before we can open next summer, or the damaged area will become larger; this will become a safety issue and make the pool unavailable for the summer program. The tennis courts are also in need of repair as they both have dozens of major cracks and concrete degradation. Recent estimates from two local businesses to fix the pool and the courts are \$16,000.00. We are working on grants and fundraising for these two repairs but will undoubtedly need the extended generosity of our community to help us.

On behalf of the Directors at Powers Park, we again would like to thank the taxpayers and the area businesses for their continued support. We take great pride in our summer program and each year the program continues to improve the lives of our community's youth because of your generosity and support. Thank you!

Sincerely,
Adrienne D'Olimpio, President

Chris Thompson, Vice-President

Jennifer Mitchell, Secretary

Benjie Tessier, Treasurer



Executive Committee Report

The NEKWMD finished 2013 in solid financial condition. Recycling markets were fair to good throughout the year. Stronger than expected revenues for recycling, scrap metal, and the surcharge on trash allowed us to end the year with a surplus of \$49,302.46. Spending for the year was \$7,014 more than budgeted, while revenues exceeded projections by over \$56,317. The sale of recyclables generated \$158,072 in revenues for 2013. That figure represents approximately 25% of the 2013 budget. While strong recycling markets were responsible for some of the excess revenue, surcharge revenues exceeded projections by \$38,069.

The NEKWMD is entering 2014 with a proposed budget of \$694,978 - an increase of 2.2%. However, due to the addition of several towns over the last 2 years, the surcharge on non-recycled waste (trash) will drop \$0.55 per ton to \$22.00 per ton in 2014. Our surcharge on trash remains just below the State average.

The District welcomed the town of Topsham in 2013. We continue to serve the largest geographical area and largest number of towns (49) in the State. Our population served is 3rd in the state behind only Chittenden Solid Waste District and the Central Vermont Solid Waste Management District.

The Vermont legislature passed Act 148 early in 2012. This piece of legislation includes, among other things, mandatory pay-as-you-throw for trash disposal and phased-in landfill bans for certain recyclables, leaf and yard wastes, and source separated organics. In 2014 the NEKWMD will be looking to assist our members in complying with the provisions of Act 148, strengthen outreach to businesses and seasonal residents, and promote greater participation in recycling programs throughout the Northeast Kingdom.

The NEKWMD was staffed by nine full-time and two part-time employees in 2013. Each of the member Towns is entitled to representation by at least one Supervisor. The Board of Supervisors is the principal authority over the NEKWMD and the primary means of contact with the member towns. The Board of Supervisors meets monthly and sets the direction of NEKWMD policy. The member Towns are also represented through their ability to vote on the NEKWMD budget at their Town Meeting in March.

Since fees for NEKWMD membership (the surcharge on trash of \$22.00/ton) are based on the amount of waste produced, members have a clear opportunity to control their waste management costs. Costs can decrease as waste generation rates decrease and recycling rates increase.

The 50,500 residents of 49 Towns throughout the Northeast Kingdom can be assured that the NEKWMD will continue to address their waste management concerns in a timely and environmentally sound fashion.

NEKWMD Executive Committee