

**Caledonia Home Health & Hospice**  
**Visit Statistics for 2017 Town Appropriations**

Caledonia Home Health Care & Hospice (CHHC) is Northern Counties Health Care's (NCHC) certified Medicare and Medicaid comprehensive Home Care and Hospice division.

Caledonia Home Health Care & Hospice has proudly served the residents of Caledonia and Southern Essex counties since 1968. Our mission is to enhance the quality of life of individuals and families by providing compassionate, accessible and affordable patient-centered health services to our community.

In the last year, Caledonia Home Health and Hospice was honored to provide 16,292 visits to the town residents of Lyndon, VT. Our staff visited 352 homes of community members living in the Lyndon area.

While working with residents, we provided physical, occupational, and speech therapies. We provided skilled nursing, medical social work, personal care attendants, and even home makers. We work together with primary care physicians so that care is specific and structured to treatment goals.

**2017 Town Appropriation Visit Statistics Lyndon, VT**

- Home Care (Therapy, Nursing, MSW) = 5,196 visits
- Maternal Child Health = 702 visits
- Hospice (Nursing, Therapy, Personal Care, Respite) = 1,493 visits
- Long Term Care (Case Management, Personal Care, Respite) = 8,901 visits

**Total Visits in Lyndon, VT = 16,292 visits**

**Testimonials**

*"In the past 11 years of my care giving, home health has been my support at all times. They are the best! I could not have done it without them... I'm glad to have them on my side. They are a great team. We need more like them."*

*"My Physical Therapist and Nurse were methodical, practical, and explained things to me in terms I could understand. They were friendly, courteous, good listeners, and punctual as well as professional."*

*"The staff is very kind and caring. They make you feel good by the way they treat you as a friend and not a patient. They are on time and call 1st to let you us know they are coming. Very knowledgeable in all areas of healthcare. Thank you!"*

*"People from home health care agency were kind, communicative, thoughtful, and patient. Nothing but good thoughts for those people."*

## Catamount Arts 2016

The residents and voters of Lyndon played a very important role in the success of Catamount Arts during 2016. Through the support at Town Meeting and by attending many of the films and performances offered throughout the year, the citizens of Lyndon helped to keep the Arts vital and available to all of the residents of the Northeast Kingdom.

In the past year, Catamount has invited and encouraged the residents of Lyndon to participate in many of its community offerings, including the Community Film Series, Independent Lens, the free Children's Summer Film Festival and gallery exhibits and receptions. These free events were funded in large measure through appropriations from communities in our area.

During 2016, Catamount Arts was able to present more than 200 films and 100 live performances, in large measure due to the generosity of the voters of Lyndon. Your appropriations helped to underwrite the costs of these presentations as well as helping Catamount pay for such general operating expenses as heating and electricity.

As part of our mission to promote lifelong community engagement in the arts, Catamount Arts offers a wide range of classes, workshops and camps for people of all ages. Learning opportunities at Catamount range from conga drumming, Claymation, and bookbinding, to tango, French and filmmaking. Catamount Arts partners with local elementary, middle and high schools to provide in-school and out-of-school creative learning activities. We also partner with local Head Start programs to provide arts integration activities and professional development for teachers. In addition, more than 4,500 students and teachers enjoy shows by professional performers in our School-Time Performance series.

With the continuing growth of its many cultural offerings and Arts Education program, Catamount and its patrons also directly and indirectly contribute more than \$1,500,000 each year to the local economy while also securing a meeting space for local Masons for generations to come.

**LYNDON AREA MEAL SITE  
AT THE DARLING INN  
76 DEPOT STREET  
LYNDONVILLE, VT 05851  
TEL: 802-626-8700**

**[darlingsmeals@myfairpoint.net](mailto:darlingsmeals@myfairpoint.net)**

2016 report to the Town of Lyndon:

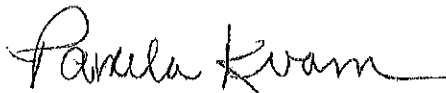
The Lyndon Area Meal Site is a non-profit organization governed by a board of twelve members. The mission of the Meal Site is to provide hot nutritionally balanced meals to eligible seniors, persons with disabilities and residents in need at a dramatically subsidized, affordable cost to them. We also serve the general public noontime meals reasonably priced. The dining room at the Darling Inn offers patrons a congenial area for socialization, entertainment (with several local individuals volunteering their musical talents), and special events. It is staffed by two part-time employees who serve Monday through Friday noontime meals.

Anyone is welcome, regardless of age or need. The Meal Site serves between 400-500 meals a month in the dining room. A larger part of the service that Lyndon Area Meal Site provides is the Meals-On-Wheels program. Between 2100-2200 hot, nutritious meals are delivered monthly to homebound community members. Many volunteers contribute to keep the programs and services going, but we continue to rely heavily on donations, fundraising and appropriations.

Some of our funding comes from AAA (62%), meal reimbursements (18%) and VCIL (5%). Diners contribute what they can afford, but to balance our budget we need support through our annual appeal letters, coin drop, and local friends and citizens. Town appropriations provide crucial funds necessary to allow us to continue our mission. As everyone knows, the cost of food and supplies are rising every year.

So in appreciation for the services of our senior citizens and all other clients who rely on this meal service, the Lyndon Area Meal Site and Meals-On-Wheels respectfully requests an appropriation of \$4000 from the Town of Lyndon for FY 2017. Thank you in advance for your continued consideration.

Respectfully,



Pamela Kvam  
Board President

December 15, 2016



Dear Friends of the Lyndon Outing Club,

The Board of Directors of the Lyndon Outing Club (LOC) appreciates your continued support. We are pleased to be able to continue to care for the LOC and Shonyo Park as a whole. There have been many developments during the past year:

✿ **Lodge** – As caretakers of the lodge building, which must be heated and maintained year-round, we have made four major improvements. With a matching grant, our electrical system was upgraded to provide increased amperage and overall decreased draw on the system. This fall, we switched our heating system from fuel to propane to in order to take advantage of the discount offered to Chamber members. Roof repairs were completed on the back of the lodge to prevent damage to the inside walls. We also realized our dream of renovating our decades old bathrooms. The lodge now has two large, bright bathrooms including one that is fully ADA accessible. This has increased the appeal of the lodge and is beginning to show promise in increasing the rental requests for the lodge.

✿ **Partnership with Lyndon State College** – LSC Mountain Recreation Management students have worked through the fall semester to develop a youth mentoring program that will hopefully be implemented by the beginning of 2017. Disadvantaged youth will be given the opportunity to learn to ski or ride, develop employability and leadership skills, and gain guest relation skills.

✿ **Four Seasons Use** - In partnership with Burke Mountain Academy and Kingdom Trails, we have added our first Cyclocross bike race. We intend to add options for cyclist and mountain bikers with guidance from these organizations and local riders. Three fitness organizations utilize the hill from spring through late fall for outdoor classes and workouts. Hiking has increased now that we are mowing a path around the hill throughout the summer.

✿ **Fund Raisers** – The board continues to explore and expand our fund raising options. This includes pursuing grants in partnership with the municipality, adding new fund raisers to our lineup, and improving our ongoing fund raisers such as the chili cookoff and our holiday bazaar.

✿ **Vouchers for First Graders** – As a thank you for continued support and to encourage young skiers/riders to experience the hill, we are again offering a free skiing and riding to every first grade student in the town of Lyndon.

✿ **Sledding** – Schools and child care facilities in the area were invited to use the hill/lodge for a nominal fee for sledding parties during our non-operational winter hours. This was done in response to learning that skiing is becoming unaffordable for some school's winter programs.

Despite a poor winter and the inability to open for skiing and riding, the dedicated efforts of our board members and your gracious support has allowed us to make needed improvements and ensure our ability to provide quality, affordable outdoor recreation for our community.

On behalf of the LOC Board of Directors – thank you,  
Susan M. Teske, LOC Board President

**2016-2017 Board of Directors**

Joe Peters	Bob Poulin	Jeff Helms	Slobhan Shufelt	Dick Tomasko
Taylor Reed	Annie Guyer	RJ Tomasko	Tom Frackleton	Paul Cranmer
Sam Damon				

LYNDON YOUTH BASEBALL/SOFTBALL  
PO BOX 1146  
LYNDONVILLE, VT 05851

Report for 2016 Season

December 27, 2016

Lyndon Youth Baseball & Softball (LYBS) is run by an all-volunteer Board of Directors. This program entertains over 450 area youth from ages five to sixteen, during the late spring and early summer months. In the 2016 season, we were able to maintain eight different leagues, 44 teams and played over 200 scheduled games plus playoffs and all-star games. LYBS had 258 players from Lyndon during the 2016 season.

In addition to our regular season play, our league hosts several district and state tournaments each year and on three occasions have hosted the New England Regional Tournaments at the Babe Ruth level. In 2016, we hosted the 9/10 Little League Baseball and Softball District tournaments. The 9/10 All-Star boys won the Vermont District IV Championships and continued onto the Vermont State tournament where they made it to the championship game. The Lyndon Babe Ruth boys were the State Champions this year and advanced to the Regional tournament in Bridgton, Maine this year as well.

In the Spring of 2017, LYBS will be celebrating their 50<sup>th</sup> year supporting youth baseball and softball. We give thanks to the many dedicated parents, families, and friends who are actively involved in our program. Without each and every volunteer, we would not have such a great program. Dedication is needed to develop our children into strong, respectable citizens and to instill in them the values of team play and good sportsmanship. With your help, we continue to do this.

To continue the success of this program, we would like to request an appropriation amount of \$1,000.00. In the past, your community has been very generous, and LYBS is very grateful and would like to ask for your continued support. If you have further questions, you can contact me at [shufeltim7@charter.net](mailto:shufeltim7@charter.net). Thank you.

Respectfully submitted,

Michele Shufelt  
LYBS Board of Director

**NORTHEAST KINGDOM  
Council on Aging**



*New directions for living well.*

The Northeast Kingdom Council on Aging is a private, non-profit, organization serving the residents of Caledonia, Essex and Orleans counties. We support people age 60 and older in their efforts to remain active, healthy, financially secure and in control of their own lives. The Council connects older adults and their families with the services they need to live with independence and dignity.

Our staff works closely with seniors and their families offering assistance with Medicare, Social Security, Medicaid, public assistance programs, in-home services and many other types of help. There is no charge for services provided by the Council, but many of those we assist donate to help support our work.

During the past year your support allowed us to provide assistance to 354 residents of Lyndon, as well as more than 6,000 seniors from across the Northeast Kingdom, and to implement a broad variety of important programs for older adults and their families. These programs include Meals-on-Wheels, supportive services to help seniors continue to live at home, health insurance counseling, transportation for medical and other appointments, legal services and help for family caregivers.

Thank you for your support over the years and for your help in letting people know about the services we provide. Please give your careful consideration to our request this year, and let us know if we can be of assistance to you or someone you know. Our representative at Town Meeting will be Mollie Chamberlain.

Sincerely,

Meg Burmeister  
Executive Director

181 Crawford Road - Derby  
PO Box 724 Newport VT 05855  
Phone 802-334-6744 Fax 802-334-7455  
Toll free 800-696-4879

2225 Portland Street  
PO Box 368 St. Johnsbury VT 05819  
Phone 802-748-3181 Fax 802-748-0704  
Toll free 800-649-0118

[www.nkhs.org](http://www.nkhs.org)



NORTHEAST  
KINGDOM  
**HUMAN**  
SERVICES

Serving the NEK  
since 1960

## **Northeast Kingdom Human Services, Inc. (NKHS)**

### **Annual Fiscal Year Summary: July 1, 2015 through June 30, 2016**

The mission of NKHS is to enrich communities and enhance the ability of individuals and families to improve their lives.

In our 2016 fiscal year, our Emergency Services Team provided 24 hour, 7 days a week (24/7) crisis intervention care to 353 individuals. Our client satisfaction survey showed 67% of respondents felt they received the crisis help they needed to make a difference in their lives. When unexpected tragic events occurred, our Specialty Team responded to support individuals and families in schools and communities with how to deal with sudden grief and loss. We thank the **Town of Lyndon** voters for your **\$6280.00** appropriation support last year toward our emergency/crisis services to residents in need in the NEK.

NKHS served **348** individuals last year from the **Town of Lyndon** out of a total of **3472** individuals who utilized our programs in your community, homes, schools, our offices, and through emergency services. We could not do this without our 500 dedicated employees, 65 of these from the Town of Lyndon. As a 501(c)(3) private not-for-profit organization, our volunteer Board of Directors and Program Standing Committees provided oversight to support the agency's belief that human services should be cost effective, available to all no matter their age or ability to pay, and responsive to the needs of our local communities.

Please visit our website at [www.nkhs.org](http://www.nkhs.org) for more information about our agency and services. NKHS bases our appropriation request on \$1.05 per person in your community according to the 2010 census, the same amount as last year. We greatly appreciate your interest, your help in letting people know about the services we provide, and your financial support.

Sincerely,

D. W. Bouchard  
Executive Director

Nancy Warner  
President, Board of Directors

*We're all about being human.*

## Northeast Kingdom Learning Services Nearly 50 Years of Service

NEKLS began with one woman, Eva Warner, teaching area residents to read at their kitchen table.  
It is *so much more* almost 50 years later.

*It is our mission to inspire and empower learners, birth and beyond.*

- **The High School Completion Program (HSCP)** collaborates with local schools to provide a path to a high school diploma for anyone 16 or older. Program participants may have left school or may still be enrolled in their partnering high school. **In FY 2016, NEKLS in collaboration with partnering high schools, awarded 60 high school diplomas in the tri-county region.**
- **The General Educational Development Program (GED)** leads to a high school diploma equivalency. **In FY 2016, NEKLS awarded 35 GED's in the tri-county region.**
- **Adult Education and Literacy Programs served 350 students for more than 9,396 hours in FY 2016 in the tri-county region.** In addition to HSCP and GED services, our teachers provided math, reading and writing skill development, job skills development, computer literacy and support in their transition to work or college.
- NEKLS teaches English as a second or other language (**English Speaking Other Languages**) to students from around the world who have come to settle in our beautiful Northeast Kingdom. **In FY 2016, NEKLS served 21 ESOL students in the tri-county region.**
- NEKLS Community Learning Centers offer **group and individual computer training.** In addition to computer classes, an average of **46 community members a month** access email, search the web, perform job searches, complete online job applications, or apply for unemployment benefits at the **five Community Learning Centers in the tri-county region.**
- **Children's Integrated Services (CIS)** is Vermont's comprehensive approach to provide child development and family support services. **In FY 2016, Northeast Kingdom Learning Services Early Intervention and Family Support Specialists received 247 referrals to EI and Family Support services.**
- **The Tutorial Program** provides one-on-one and group instruction to K-12 students at any number of locations including area libraries and town halls. **In FY 2016, NEKLS served 87 K-12 students in the tri-county region.**
- NEKLS also provides **prevention programming** aimed at reducing underage alcohol and tobacco use. **In FY 2016, NEKLS provided prevention education to students at North Country Union High School, Lake Region Union High School, North Country Union Junior High School and several of the elementary schools in the tri-county region.**

*NEKLS has a staff of 75 dedicated professionals committed to serving the needs of the Northeast Kingdom. Please contact us at 1-844-GO NEKLS (466-3557) if you or someone you know has need of our services or at [info@neklsvt.org](mailto:info@neklsvt.org)*

*Thank you for your generous support!*





# Rural Community Transportation, Inc.



1677 Industrial Parkway, Lyndonville, VT 05851

Tel: (802) 748-8170 Fax: (802) 748-5275

[www.rideRCT.org](http://www.rideRCT.org)

---

## "The Ruby in the Kingdom"

It is the vision of RCT to establish a solid foundation for regional development of a safe efficient public transportation system.

Re: Town Appropriation

Voters of Lyndonville:

RCT is a nonprofit corporation providing transportation to the elderly and disabled, Medicaid and general public through a van, bus or volunteer driver service. Last Year between all of our programs, RCT provided over 229,570 rides.

RCT transports people to, adult-day service facilities, senior meal sites and necessary medical treatments such as, dialysis, radiation therapy, chemotherapy, physical therapy, special medical needs and other appointments. In Lyndon/Lyndonville RCT also provides regular bus service Monday through Friday five times per day between Lyndonville and St. Johnsbury. Twice per day connections on the bus can be made to get to Montpelier or Burlington.

RCT has been providing service in your community for over twenty five years and must reach out again for community support in order to maintain the quality of service that is needed for the members of our community.

Last fiscal year RCT provided 147 Lyndon/Lyndonville residents with 9,950 trips travelling 148,515 miles and a cost of \$178,408.76. These trips do not include riders on the Jay Lyn or Express Shuttle.

We hope you will be able to assist us with this request and we look forward to continuing our service that is needed by the members in your community. Stan Francis, a registered voter of Lyndonville and our Assistant Fleet Manager will be attending Town meeting to answer any questions.

Thank you for your time and consideration.

Respectfully,

*Mary Grant*

Mary Grant  
Executive Director

It is the Mission of RCT to:

1. Encourage the use, development and support of safe public transportation.
2. Provide Coordinated, consolidated, non-duplicative transportation services.
3. To promote the planning and development of public transportation.



Report of 2016 Activity for Lyndon  
Town Appropriation Request: \$7500

Umbrella exists to ensure that communities in Caledonia, Orleans and Essex counties offer safety, support and options for self-determination to women and families. To this end, we provide the following services:

**The Advocacy Program** is the essential safety net for people affected by intimate partner violence and sexual abuse. We meet the needs of victims in crisis while also offering preventative programming to local schools and youth groups with a focus on gender respect, consent, and healthy relationships. **In 2016 we:**

- supported 683 individuals with direct advocacy
- housed 16 adults and 16 children in our shelter for a total of 2,021 bed-nights, and
- reached 285+ adults and 1,100 youth with our prevention programming.

**Kingdom Child Care Connection** is the community-based child care resource and referral center for Caledonia and Southern Essex counties. **In 2016 we:**

- helped 108 families find high-quality child care at no-cost, and
- connected over 564 families with the State of Vermont's Child Care Financial Assistance Program.

In addition to our work with families, we also interacted directly with the region's 92 child care providers, **offering over 272 hours of professional development opportunities** to make sure the people responsible for taking care of our communities' youngest citizens have the tools and resources they need to do their best.

**The Family Room** is a supervised visitation and monitored exchange center offering child-centered support for parents seeking to establish or rebuild relationships with their children. **Last year we helped 110 children develop safe, healthy relationships with their non-residential parent.** Additional services such as parenting education, counseling and mediation can also be arranged in order to help families address their unique goals and needs.

**Cornucopia** is our newest program geared towards helping women-in-transition achieve economic self-sufficiency. This 17-week job-skills training program introduces women to the culinary arts as they prepare Meals-on-Wheels for Newport-area seniors. After completing the program women are assisted with securing employment with a local business, in a position that fits their individual strengths and interests. **This past year, Cornucopia trained 10 women in culinary arts while providing 33,000 nutritionally-balanced meals to homebound, Newport-area seniors and 2,000 meals at its weekly community meal site.**

Given that some of our services are provided anonymously, it can be difficult to provide precise usage figures for towns. **At least 175 Lyndon households and 21 child care providers were served directly by Umbrella in 2016,** and the community as a whole benefited from prevention and outreach programs at schools as well as training and consultation for human service and law enforcement professionals. Community support is critical to sustaining our programming and discovering innovative new approaches to the work we do. We are deeply grateful for Lyndon's support.

Respectfully submitted,

Renee A.K. Swain  
Executive Director

Village Improvement Society

P.O.Box 715, Lyndonville, VT 05851 (802) 626-5423 powersparkplayground@hotmail.com

Lyndon Select Board  
P.O. Box 167  
Lyndonville, VT 05850

Dear Select Board and Village Trustees:

Powers Park/VIS respectfully requests placement on the appropriations list for Town Meeting on March 7<sup>th</sup>, 2017. As we have for many years, we are requesting the sum of \$7,500.

2016 kicked off Powers Park's second century! With our new pool surface-courtesy of Patenaude Pool Plasterers and brand new bathrooms-courtesy of Bruce Smith, Fred's Plumbing, Bob Barnes and Waterford Electric, we were off to a great start until we experienced a set of major plumbing, sewer and pump problems. Thank you Hebert's Plumbing, Sutton River Electric, Peak Pump and Power in St. Albans, Mike Bickford, Bob Briggs, and especially Joe Dauphin, Rob Ball and Gunther Bain, for helping us to tackle these major issues. It takes a Village to keep a pool running.

With over half of our experienced staff returning, we continued to offer Red Cross Swim Instruction and Tennis instruction, serving 443 children a day, with over half of them from Lyndonville! Hundreds of children passed their swim tests and moved up to their next level with excitement! Our WSI certified pool manager continued with our 4 week Baby/Adult swim class as well as continuing our Adult Lap Swim on Mondays and Wednesdays. If you want a quiet, relaxing afternoon in the pool, that is the time to come! Our swim team, under the coaching of Michelle Laferriere, was successful at 5 meets, including our own. Tom Powers was back to teach tennis and had a great summer teaching over 150 kids to love tennis. Our Arts and Crafts program with Elizabeth Mahnker continued to create fun projects with our annual Burklyn Arts grant. The Vermont Agency of Education and Hunger Free Vermont lunch site supervised by Tammi Westscott provided lunch to over 180 children a day-continuing the program with two hot lunches a week! The Bookmobile is also a mainstay of our summer time fun. With pool parties, the annual Stars and Stripes float and lots of snack bar freeze-pops and drinks, it turned into a great summer. We are again so grateful for the help of our community and everyone who helps keep us afloat! We rely on every single appropriation dollar and our so thankful to every town who is committed to making sure that Powers Park is able to provide fun, healthy summer programming for all our local children as well as employ over 20 local teenagers and young adults every summer.

With so many huge repair and renovation bills to pay this summer, we kept the rest of our expenses to a minimum. We purchased new life-jackets and flutter boards for our instructional program and some new suits and uniforms for our staff. Next summer, we have to make our final repairs to the filter system, update the impeller blade on the pump and purchase a lightning detection system.

Please welcome incoming president Donna Smith, returning treasurer Dawn McPhee, new secretary Michelle Laferriere, as well as new and returning staff and board members, as they begin to plan for Summer 2017, our 102<sup>nd</sup> year! We always welcome input from the community about our programs and always need additional board members and volunteers, so please contact us to get involved.

Sincerely,

Adrienne D'Olimpio  
V.I. S. President

Chris Thompson  
Vice-President

Dawn McPhee  
Treasurer

Jennifer Mitchell  
Secretary