

Area Agency on Aging for Northeastern Vermont



481 Summer St. Suite 101 St. Johnsbury, Vermont 05819

Advocacy. Action. Answers on Aging.

The Area Agency on Aging is a private, non-profit, organization serving the residents of Caledonia, Essex and Orleans counties. We support people age 60 and older in their efforts to remain active, healthy, financially secure and in control of their own lives. The Agency connects older adults and their families with the services they need to live with independence and dignity.

Our staff works closely with seniors and their families offering assistance with Medicare, Social Security, Medicaid, public assistance programs, in-home services and many other types of help. There is no charge for services provided by the Agency, but many of those we assist donate to help support our work.

During the past year your support allowed us to provide assistance to 207 residents of Lyndon as well as more than 1,500 seniors from across the Northeast Kingdom and supported a broad variety of important programs for older adults and their families. These programs include Meals-on-Wheels, supportive services to help seniors continue to live at home, health insurance counseling, transportation for medical and other appointments, legal services and help for family caregivers.

Thank you for your support over the years and for your help in letting people know about the services we provide. Please give your careful consideration to our request this year, and let us know if we can be of assistance to you or someone you know.

Sincerely,

Lisa Viles

Executive Director



<u>Caledonia Home Health & Hospice</u> Visit Statistics for 2015 Town Appropriations

Caledonia Home Health Care & Hospice (CHHC) is Northern Counties Health Care's (NCHC) certified Medicare and Medicaid comprehensive Home Care and Hospice division.

Caledonia Home Health Care & Hospice has proudly served the residents of Caledonia and Southern Essex counties since 1968. Our mission is to enhance the quality of life of individuals and families by providing compassionate, accessible and affordable patient-centered health services to our community.

In the last year, Caledonia Home Health and Hospice was honored to provide 14,145 visits to the town residents of Lyndon, VT. Our staff visited 361 homes of community members living in the Lyndon area.

While working with residents, we provided physical, occupational, and speech therapies. We provided skilled nursing, medical social work, personal care attendants, and even home makers. We work together with primary care physicians so that care is specific and structured to treatment goals.

2015 Town Appropriation Visit Statistics Lyndon, VT

- Home Care (Therapy, Nursing, MSW) 3,983 visits
- Maternal Child Health= 380 visits
- Hospice (Nursing, Therapy, Personal Care, Respite) = 484 visits
- Long Term Care (Case Management, Personal Care, Respite) = 9,298 visits

Total Visits in Lyndon, VT = 14,145 visits

Testimonials

"In the past 11 years of my care giving, home health has been my support at all times. They are the best! I could not have done it without them... I'm glad to have them on my side. They are a great team. We need more like them."

"My Physical Therapist and Nurse were methodical, practical, and explained things to me in terms I could understand. They were friendly, courteous, good listeners, and punctual as well as professional."

"The staff is very kind and caring. They make you feel good by the way they treat you as a friend and not a patient. They are on time and call 1st to let you us know they are coming. Very knowledgeable in all areas of healthcare. Thank you!"

"People from home health care agency were kind, communicative, thoughtful, and patient. Nothing but good thoughts for those people."

Catamount Arts 2014

The residents and voters of Lyndon played a very important role in the success of Catamount Arts during 2014. Through support at Town Meeting and by attending many of the films and performances offered throughout the year, the citizens of Lyndon helped to keep the Arts vital and available to all of the residents of the Northeast Kingdom.

In the past year, Catamount has invited and encouraged the residents of Lyndon to participate in many of its community offerings, including the Community Film Series, Independent Lens, the free Children's Summer Film Festival and gallery exhibits and receptions. These free events were funded in large measure through appropriations from communities in our area. Catamount has also made its space available for use by organizations in Lyndon and other communities and is fulfilling its promise of becoming a cultural and artistic meeting place for all residents of the area.

During 2014, Catamount was able to present more than 100 films and 30 live performances, in large measure due to the generosity of the voters of Lyndon. Your appropriations helped to underwrite the costs of these presentations as well as helping Catamount pay for such general operating expenses as heating and electricity.

A significant portion of the appropriation provided by the voters of Lyndon also want to provide much needed funding for Catamount School Time Performances, which benefits more than 4000 schoolchildren in grades pre-k through eight, and for the upkeep of the Art Gallery, which each year presents a regular series of exhibits by artists from Lyndon and the surrounding area.

Catamount is also very proud of the fact that a sizable portion of its almost 1000 members are residents of Lyndon. These members form the core of Catamount's patrons and serve as cultural and artistic ambassadors to their own community.

With the continuing growth of its many culturnal offerings and Arts Education program, Catamount and its patrons also directly and indirectly contribute more than \$1,300,000 each year to the local economy while also securing a meeting space for local Masons for generations to come. However, in these tough economic times, Catamount greatly needs and appreciates the financial support of all residents, including the residents of Lyndon. For this reason, Catamount respectfully requests your continued support and appropriation for the coming year.



Dawn Dwyer, Town Clerk
Town of Lyndon
PO Box 167

Lyndonville VT 05851

Dear Ms. Dwyer:

The Fairbanks Museum and Planetarium respectfully requests that the following special appropriation article appear on the 2015 warning for Lyndon Town Meeting:

"Shall the Town vote the sum of \$5,981 to support the operation of the Fairbanks Museum and Planetarium during the ensuing year, in exchange for free unlimited general admission to the Museum for all Lyndon residents?"

We will forward the necessary petition signatures, as required, to your office by January 18.

The Fairbanks Museum invites Lyndon residents to take full advantage of their unlimited free general admission to the Museum to explore the nature, beauty, and wonders of our world. Your municipal appropriation provides essential support for the care of the Museum's historic building and the maintenance and exhibition of the most extraordinary educational collections in northern New England. These are among our region's most prized assets. Each year the Museum offers new opportunities for exploration and discovery, so do come for a visit! In 2015, the Museum will be bringing to St. Johnsbury a traveling exhibit called "Dinosaur Discoveries" from the American Museum of Natural History. As you know, the Museum also is fully engaged in community economic, educational, and cultural development initiatives and contributes significantly to the attraction of visitors to our region.

The Board of Trustees, staff, and volunteers of the Museum are tremendously grateful for the support, encouragement, and collaborative planning that have marked the Northeast Kingdom's relationship with the Museum. We hope that the Museum, in turn, delivers services, programs, and a commitment to community development that benefit Lyndon's residents and visitors of all ages and contribute to Lyndon's remarkable quality of life.

Adam Kane, Executive Director

LYNDON AREA MEAL SITE

At the Darling Inn

76 Depot Street Lyndonville, VT 05851

Tel.: 802-626-8700

darlingsmeals@myfairpoint.net

2014 report to the Town of Lyndon:

The Lyndon Area Meal Site is a non-profit organization governed by a board of twelve members. The mission of the Site is to provide hot nutritionally balanced meals to eligible seniors, persons with disabilities and residents in need at a dramatically subsidized, affordable cost to them. We also serve the general public noontime meals reasonably priced. The dining room at the Darling Inn offers patrons a congenial area for socialization, entertainment (with several local individuals volunteering their musical talents), and special events (like sponsored bus trip to the Fryeburg fair). It is staffed by three part-time employees who serve Monday through Friday noontime meals.

Anyone is welcome, regardless of age or need. The meal site serves over 300 meals a month in the dining room. A larger part of the service that Lyndon Area Meal Site provides is the Meals-On-Wheels program. Over 2000 hot, nutritious meals are delivered monthly to homebound community members. Many volunteers contribute to keep the programs and services going but we continue to rely heavily on donations, fundraising and appropriations.

Some of our funding comes from AAA (50%), meal reimbursements (18%) and VCIL (less than 5%). Diners contribute what they can afford but to balance our budget we need support through our annual appeal letters, coin drop and local friends and citizens. Town appropriations provide crucial funds necessary to allow us to continue our mission. We are finding it more difficult every year to balance our budget as we try to absorb the rising cost of food and supplies.

So, in appreciation for the services of our senior citizens and all other clients who rely on this meal service, the Lyndon Area Meal Site and Meals-On-Wheels respectfully requests an appropriation of \$4000 from the Town on Lyndon for FY 2015. Thank you in advance for your continued consideration.

Respectfully,

Pamela Kvam, Board Chair

Lyndon Area Senior Action Center

On behalf of the Lyndon Area Senior Action Center, I would like to request our annual appropriation of \$1500 for the year 2015.

We want to thank the registered voters of Lyndon and Towns of Lyndonville for the contribution that you have given us in the past to keep the center open.

We hope people understand the Senior Center is open to be used by anyone, and to call the following phone number to reserve the Center, 626-9080. We welcome new people to our Senior Center to play cards and have a big meal on Thursday then play cards after the meal.

The center is open Tuesday from 12:30 to 3:30, Thursday the meal and cards from 12:30 to 3:30, Thursday night we have cribbage starting at 5:30 with a cost of \$3.00.

We would like to thank you, again, for your contribution to help keep us open.

Sincerely,

Mary Rexford, Director and Manager

A Non-profit Organization

Dear Voters of Lyndon and Friends of the Lyndon Outing Club,



The Board of Directors of the Lyndon Outing club (LOC) is grateful for the continued support of our local recreation area. The Lyndon Outing Club board is excited to see so many people using the hill during all of the seasons. Here is an update as to what has been happening:

- **& Lodge** –We have made improvements to the lodge and continue to plan for more renovations to make the lodge more up-to-date and appealing for renters. We plan to renovate bathrooms soon.
- * Partnership with Lyndon State College Our partnership with the Mountain Recreation Management program at Lyndon State College continues to grow. We have gained new ski patrollers from the Outdoor Emergency Care class. LSC students successfully hosted the first ever open-to-the-public GreggFest, a two-day, outdoor music festival to benefit cancer research. LSC students continue to volunteer annually for our huge hill clean up day. More great ideas are to follow.
- **Boys and Girls Club** The Boys and Girls Club is poised to hold its first week-long camp in preparation for a full opening in summer of 2015. Progress has been slow but steady with a large show of community support. We are excited at the prospect of having youth back in action at the hill.
- *Fund Raisers We continue to seek creative ways to fund the ongoing maintenance and fuel costs to keep the building alive and the winter operations affordable. In addition to our Chili Cookoff and Holiday Bazaar, we continue to partner for Snowmobile Hill Climbs and have added movie premiere nights for skiers/snowboarders of all ages to enjoy. We look forward to partnering with XIP Training Systems for another outdoor obstacle course this spring. All fund raising ideas are welcome.
- **Brainage** This spring, a major drainage project was completed, at significant cost, to address flooding issues that have plagued the lift shack and ball field. The project appears to have made a positive impact on the water flow by replacing old underground wooden pipes with modern culvert pipes.

NEW and TODO -

- We have worked with our insurer to find ways to offer sledding during non-operational times, this will work well for schools, day cares, and other organizations seeking to hold sledding parties.
- We must reline the bullwheel a big expense but only has to be done once every 50 years or so.
- We anticipate co-hosting events for mountain bikers this spring in an effort to add mountain biking to the list of wonderful outdoor activities that can be accomplished in our lovely space.

We look forward to another year of serving our community by providing affordable outdoor recreation for all.

With warm regards, on behalf of the LOC Board of Directors, Susan M. Teske LOC Board President

2014-2015 Board of Directors

Joe PetersBob PoulinJeff HelmsPaula WardAnnie GuyerDaniel McCabeDick TomaskoRJ TomaskoSean DollDave TrueCarrie TomczykPete Tomczyk

Lyndon Youth Baseball & Softball PO Box 1146 Lyndonville, VT 05851

December 9, 2014

Town of Lyndon PO Box 167 Lyndonville, VT 05851

Dear Select Board,

Lyndon Youth Baseball & Softball (LYBS) is run by an all-volunteer Board of Directors. This program entertains over 450 area youth from ages five to nineteen, during the late spring and early summer months. In the 2014 season, we were able to maintain nine different leagues, 41 teams and played over 200 scheduled games plus play-offs and all-star games.

In addition to our regular season play, our league hosts several district and state tournaments each year and on three occasions have hosted the New England Regional tournaments at the Babe Ruth level. In 2014, we hosted the 9/10 & 11/12 Softball District Tournaments, the 9/10 Baseball District Tournament and the Lyndon 11/12 All star team won their District tournament.

We have been supporting youth baseball and softball for over 50 years and we give thanks to the many dedicated parents, families and friends who are actively involved in our program. Without each and every volunteer, we wouldn't have such a great program. Dedication is needed to develop our children into strong, respectable citizens and to instill in them the values of team play and good sportsmanship. With your help we can continue to do this.

To continue the success of this program, we would like to request an appropriation of \$1000.00. In the past, your community has been very generous and LYBS is very grateful and would like to ask for your continued support. I have attached a copy of our expenses and income for this past season. Thank you.

Respectfully submitted.

Janine Mitchell Treasurer, LYBS



ARTICLE REQUESTED FOR 2015 TOWN MEETING

To see if the <u>Town of Lyndon</u> will vote to appropriate the sum of \$6280 to Northeast Kingdom Human Services, Inc. (NKHS) to be directed toward supporting Psychiatry positions to meet community demands for services that are not funded elsewhere.

Northeast Kingdom Human Services, Inc. Annual Summary for July 1, 2013 – June 30, 2014

Northeast Kingdom Human Services, Inc. is a private not-for-profit organization serving Caledonia, Essex, and Orleans Counties. It is organized and directed by local citizens who believe that human services should be cost effective and responsive to the needs of our local communities. The mission of NKHS is to enrich communities and enhance the ability of individuals and families to improve their lives.

NKHS serves residents through our programs for Children, Youth, and Family Services, Outpatient Mental Health and Substance Abuse Services, Community Rehabilitation Treatment, Developmental/Intellectual Ability Services, and 24/7 Crisis Intervention. Fees are charged based on the person's ability to pay. No one is refused services for lack of ability to pay.

We greatly appreciate your interest, your help in letting people know about the services we provide, and your financial support.

FY 2014 SUMMARY OF SERVICES FOR THE Town of Lyndon

2010 Census Count for your town: <u>5981</u>
We served <u>425</u> and employ <u>63</u> from your community.

Our 2015 request for support is calculated on \$1.05 per person based on the last census, the same amount as requested last year.

Thank you for your support.

D. W. Bouchard Executive Director

Andy Barter President, Board of Directors

Northeast Kingdom Human Services, Inc. 181 Crawford Road – Derby, P. O. Box 724, Newport, VT 05855 (802-334-6744) 2225 Portland Street, P. O. Box 368, St. Johnsbury, VT 05819 (802-748-3181)

2014 NEKYS Served 649 in Lyndon

NEKYS has been offering vital supportive services for youth and families since 1975 In 2014 NEKYS served 3041 individuals throughout Caledonia and Essex Counties

NEKYS Family Programs Provide:

- Staff is available 24 hours/7days a week to support families through periods of crisis and conflict.
- Supportive counseling for youth and families, case management, support for youth and families within their schools, and family mediation.
- Outdoor adventure opportunities that include kayaking, canoeing, hiking, swimming, and mountain climbing. The
 group works on learning coping skills and self-care strategies.
- Adult mentors once a week in the school for at-risk students in the 1st-8th grade. Adult mentors establish supportive relationships that result in improved academic performance and positive life choices.
- Summer Central Calendar and scholarship program so parents know of recreational opportunities for their children and offers scholarships for children to attend summer activities they otherwise could not afford.

NEKYS Youth Program Include:

- Staff is available 24 hours/7days a week to support families through periods of crisis and conflict.
- Support to local young people ages 15-22 that are homeless or at risk of homelessness; have current or past
 involvement with foster care; are pregnant and/or parenting; experiencing mental health issues; struggling with
 substance abuse; have current or past involvement with the criminal justice system.
- Programs that utilize a positive youth development, trauma-informed approach that is tailored to meet the needs
 of young people. Encouragement for each young person is to identify their strengths and achieve goals related to
 housing, education, employment, and life skills.
- Access to short-term and long-term housing support that addresses the complex needs of young adults who are
 18-22 years old. Young adults receive support which include in-home case management, rental assistance,
 landlord mediation, job skill development, and educational advancement support.
- Opportunities for young people ages 15-25 to connect with supportive adults in a safe substance-free environment Monday through Friday from 12-5 pm.
- Connections with positive peers, educational groups that focus on healthy life choices, and opportunity for young people to "give back" through community service.

NEKYS Restorative Justice Programs Include:

- A voluntary and confidential alternative to court proceedings for individuals ages 10 through adult.
- Programs based on restorative justice practices that give the person who violates the law the opportunity to identify and repair the harm done to the victim, the community, and themselves.
- Opportunity for the individual who completes the requirements of the program to have his or her case closed in the legal system.
- Help for individuals to regain their driver's license while they pay off their fines and fees.
- Support for 16 to 21 year old youth who are referred to the program after receiving a notice to report from a police
 officer for possession and/or consumption of alcohol or marijuana.
- Assistance for youth ages 10 through 22 who have been adjudicated in Family Court, are on probation and require additional support by the Department for Children and Families.

Northeast Kingdom Youth Services is a private, non-profit agency governed by a community-based, volunteer Board of Directors. We rely on grants, contracts, and appropriations from the towns we serve to continue our mission. Thank you for supporting families in our community. Please call our office at 748-8732 if you have any questions or concerns,

Rural Community Transportation, Inc.

1161 Portland Street Saint Johnsbury, Vt. 05819 (802) 748-8170 Fax: (802) 748-5275

Town of Lyndon/ Village of Lyndonville Lyndon Town Office PO Box 167 Lyndonville, VT 05851

Date: October 28, 2014

Re: Town Appropriation

Ladies and Gentlemen:

Rural Community Transportation, Inc. ("RCT") is requesting to be placed on the Town Warning for March 2015 for an appropriation in the amount of \$6,441.00. This is the same amount that was requested last year.

RCT has been providing service in your community for over twenty years and must reach out again for community support in order to maintain the quality of service that is needed for the members of our community.

RCT is a nonprofit corporation providing transportation to the elderly and disabled, Medicaid and general public through a van/bus and volunteer service. Between all of our programs, RCT provided over 207,379 rides per year.

RCT transports people to, adult-day service facilities, senior meal sites and necessary medical treatments such as, dialysis, radiation therapy, chemotherapy, physical therapy, special medical needs and other appointments.

Last fiscal year RCT provided 169 Lyndon/Lyndonville residents with 15,469 trips travelling 211,197 miles. These trips do not include riders on the Jay Lyn Shuttle or Express which provides several daily round trips, Monday through Friday between St. Johnsbury and Lyndonville.

We hope you will be able to assist us with this request and we look forward to continuing our service that is needed by the members in your community.

Thank you for your time and consideration.

Respectfully,

Mary Grant

Executive Director

Mary Grant



Report of 2014 Activity for Lyndon Town Appropriation Request: \$7500

Umbrella exists to ensure that communities in Caledonia, Orleans and Essex counties offer safety, support and options for self-determination to women and families. To this end, we provide the following services:

<u>The Advocacy Program</u> is the essential safety net for people affected by intimate partner violence and sexual abuse. We meet the needs of victims in crisis while also offering preventative programming to local schools and youth groups with a focus on gender respect, consent, and healthy relationships. In **2014 we:**

- supported at least 485 individuals with direct advocacy
- housed 14 adults and 6 children in our shelter for a total of 846 bed-nights

<u>Kingdom Child Care Connection</u> is the community-based child care resource and referral center for Caledonia and Southern Essex counties. We are responsible for helping families find and pay for high-quality child care services while also increasing the availability and quality of child development services through professional development opportunities and targeted programmatic supports. In 2014 we:

- helped 30 families find high-quality child care at no-cost
- connected 540 families with the Child Care Financial Assistance Program
- supported the creation of 10 new child care programs in our region's most underserved areas
- offered 230 hours of professional development to 90+ child care providers to ensure the
 people responsible for taking care of our youngest citizens have the tools and resources
 they need to do their best.

<u>The Family Room</u> is a supervised visitation and monitored exchange center offering child-centered support for parents seeking to establish or rebuild relationships with their children. Last year we offered 935 hours of visitation to help 91 children develop safe, healthy relationships with their non-residential parent. Additional services such as therapeutic visitation, parenting education, and mediation can also be arranged in order to help families address their unique goals and needs.

Given that some of our services are provided anonymously, it can be difficult to provide precise usage figures for towns. At least 14 of Lyndon households and 18 child care providers were served directly by Umbrella in 2014, and the community as a whole benefited from prevention and outreach programs at schools, as well as training and consultation for human service and law enforcement professionals. Community support is critical to sustaining our programming and discovering innovative new approaches to the work we do. We are deeply grateful for Lyndon's support.

Respectfully submitted,

Shichelle Bray

Michelle Fay

Executive Director

Village Improvement Society/Powers Park 2014 Report powersparkplayground@hotmail.com www.powersparkvt.org

Lyndon Select Board P.O. Box 167 Lyndonville, VT 05851

Dear Select Board and Village Trustees:

Powers Park/VIS respectfully requests placement on the appropriations list for Town Meeting on March 3^{rd} , 2015. We are again requesting the sum of \$7,500.

Last summer was a big success! Our pool manager and 2 lifeguards earned their Red Cross Water Safety Instruction certification assuring the delivery of high quality Red Cross swim instruction and daily testing. Our pool manager held daily staff meetings and lesson-planning sessions to make sure that every instructor was prepared to run an engaging and physical lesson, no matter the swim level. We expanded our instructional program with a 6 week Baby/Adult swim class, and next summer plan to offer Adult Lap Swimming Mondays and Wednesdays from 4-6pm. We continued with our successful afternoon sports program and extended it to a 5-day program. Our 2 Upward Bound volunteers helped with sports and also running the snack bar. Our two tennis instructors benefitted greatly from a USTA 10 and Under Instructional Workshop that taught them how to plan lessons and gave them new ideas for fun tennis games and activities. Our Arts and Crafts program had another crafty year with the help of a generous Burklyn Arts grant. We continued to be a Vermont Agency of Education and Hunger Free Vermont lunch site with over 180 children a day getting their lunch at the park. The Bookmobile came 2 times a week. We had three pool party fundraisers, built an award-winning Stars and Stripes float and won lots of ribbons at 3 swim meets, one of which we hosted with the help of many experienced volunteers and former employees! Thanks to generous donations from private citizens, area businesses and local organizations, we were able to reach our fundraising goal of \$3000 to secure a USTA 50/50 matching grant to completely re-surface the tennis courts; this essential maintenance project will be completed in early June of 2015.

We had four hundred and thirty children enrolled in our swimming and tennis programs last summer! Roughly 70% were Lyndon children, 10% Burke, 10% Wheelock /Sheffield, 5% Sutton, 4% St. Johnsbury, as well as participants from Waterford, Danville, Kirby, Peacham, Walden and Concord. We even had a few students from Albany come down for their lessons. Our rates will again be \$85 per participant next year. Sliding scales for families of three or more will continue to be offered. Although dozens of children applied to area agencies for scholarships, there was only enough money for 8 to receive assistance; two more were, however, able to participate through an individual sponsorship donated by local community members. We encourage anyone who can to sponsor a child next summer, as scholarship money will again be limited. Please see our website.

With some of the funds from 2014 appropriations, we purchased new instructional tools for the swim classes, repainted and re-caulked the kiddie pool, purchased new uniforms for staff and added more equipment to our afternoon sports program. A large portion of our appropriations goes directly to operating expenses. Next summer, with appropriations from Lyndon and surrounding towns, we hope to be able to pay all of our staff minimum wage. As one of the largest employers of teens in the area, this is an important goal and helps us to attract qualified, dedicated young people to help run our valuable program.

The Village-owned pool, built in 1985, has served the community well over the past three decades, but is reaching the end of its service life. Necessary maintenance items include a complete resurfacing of the pool, a new pump, and renovation of the bathhouse building to meet current ADA codes. The estimate for this work is approximately \$100,000. On behalf of the Village, VIS will complete a Land and Water Conservation Fund grant application in early 2015 to secure funding for half of the project cost. The other half (matching funds) will be raised through a \$25,000 fundraising campaign by VIS, and hopefully by Town voters approving a one-time expenditure of \$25,000 on Town Meeting Day. Prior to Town Meeting Day, VIS will be holding an informational meeting to inform area residents about the pool repairs, grant process, and upcoming Town Meeting Day vote.

On behalf of the Directors at Powers Park, we again would like to thank the taxpayers and the area businesses for their continued support. We take great pride in our summer program and are excited for our many fun events coming in the summer of 2015 as the Village Improvement Society/Powers Park celebrates its 100th birthday!!

Sincerely,

Adrienne D'Olimpio V. I. S. President Chris Thompson Vice-President

Dawn McPhee Treasurer Jennifer Mitchell Secretary